

SOUND CAFE

Food Menu

Warm-up Acts

Grilled Tiger Prawns (GF) **15**
Served with chilli and parsley salsa, roquette leaves and griddled ciabatta. *506 kcal*

Crispy Cauli Bites (V) **9.75**
Crispy battered cauliflower "wings" smothered in your choice of BBQ or Buffalo hot sauce. Served with a blue cheese dip.
BBQ 652 kcal, Buffalo hot sauce 626 kcal

Corn Ribs (V) Ask for (VG) **9**
For the trendiest members of the band! Served with red cabbage slaw, a blue cheese dip, and a BBQ dip. *667 kcal*

Roast Candy Beetroot (GF) **10**
Served with bitter leaf salad, French dressing, crumbled goats' cheese, oranges and pea shoots. *289 kcal*

Chicken Wings (GF) **10.5**
6 chicken wings smothered in your choice of BBQ or Buffalo hot sauce, served with a blue cheese dip and celery sticks.
BBQ 1321 kcal, Buffalo hot sauce 1266 kcal

Go large with 15 chicken wings **20**
BBQ 3302 kcal, Buffalo hot sauce 3165 kcal

Buttermilk Chicken Tenders **10**
Fried until golden, served with red cabbage slaw, pickles, and a chipotle mayo dip. *819 kcal*

Classic Nachos (V) (GF) **Single 10 / Sharing 16**
Tortilla chips smothered in smoked chilli cheese sauce, fresh pico de gallo, spicy jalapeños, pickled red onions, and a generous scoop of sour cream and guacamole.
Single 992 kcal, Sharing 1984 kcal

Supporting Artists

All sides **7** each

Skin On Fries (VG) Ask for (GF) *389 kcal*

Triple-Cooked Chips (VG) Ask for (GF) *713 kcal*

Onion Rings (V) *574 kcal*

Mixed Green Vegetables (V) (GF) *98 kcal*
Tender stem broccoli, green beans, peas, baby spinach.

Red Cabbage Slaw (V) (GF) *192 kcal*

Mixed Leaf Salad (VG) (GF) *265 kcal*
with lemon dressing

The Main Event

Classics

Fajitas
Classic fajitas, served with fresh pico de gallo, cheddar & Monterey Jack cheese, guacamole, sour cream, and warm tortillas.

Veggie Fajitas (V) *1094 kcal* Ask for (VG) **18**
Grilled Chicken Fajitas *1415 kcal* **20**
Grilled Steak Fajitas *1528 kcal* **25**
Three Grilled Tiger Prawns (GF) *380 kcal* **22**

Signature Fish 'n' Chips (GF) **22**
Freshly battered haddock deep-fried until golden & crispy, served with triple-cooked chunky chips, mushy peas, tartar sauce. *1100 kcal*

Grilled Salmon **29**
Served with tender stem broccoli, green beans, garden peas, fennel radish and a warm Dijon mustard and lemon dressing. *779 kcal*

Egg Plant Schnitzel (VG) **19.5**
Aubergine coated in panko crumbs with vegan feta cheese, hummus, pomegranate, cherry tomato, cucumber and roquette salad in lemon dressing. *560 kcal*

Grilled Seabass Fillet **21**
Served with heritage tomato, baby potatoes, fine green beans, black olives, capers, parsley, and basil oil. *663 kcal*

BBQ Glazed Skin On Chicken (GF) **27**
Served with sautéed potatoes, peppers and onions. *732 kcal*

Burgers

All our burgers are served in a freshly toasted brioche-style bun, with crispy skin on fries and chipotle mayo dip.

SOUND Beef Burger Ask for (GF) **21**
Steak burger, crisp streaky bacon, served with melted cheddar or blue cheese, crispy onion ring, beef tomato, and lettuce. *1682 kcal*

London Double-Decker Beef Burger **23**
Two steak burgers stacked high with melted cheddar cheese, red onion, pickles, beef tomato, lettuce, and house burger sauce. *1800 kcal*

Clucky Chicken Burger **19.5**
Crispy buttermilk chicken smothered in Buffalo hot sauce, blue cheese sauce, and red cabbage slaw. *1893 kcal*
Swap to grilled chicken escalope *1743 kcal*

Pretender, Veggie Burger (V) **19.5**
Moving Mountains® plant-based patty, loaded with pulled BBQ jackfruit, melted vegan cheese, beef tomato, and lettuce. Served with a vegan chipotle dip. *1216 kcal*

The Grand Finale

Homemade Apple Cobbler (V) **10**
Made the authentic American way! Warm apple mixture topped with crunchy caramelised biscuits and baked until golden brown. Served with vanilla ice cream and caramel sauce. *725 kcal*

Crème Brûlée **10**
Served with raspberries and shortbread. *646 kcal*

New York Cheesecake (V) **10**
Rich and creamy NY-style cheesecake, served with fresh strawberry sauce and cream. *892 kcal*

From The Grill

Cooked to your liking and served with vine tomatoes, seasonal leaves, and skin on fries.

10 oz. Sirloin (GF) **38**
Served with with herb butter. *1100 kcal*
Add a Sauce: **4**
Peppercorn *119 kcal*, Bearnaise *259 kcal*, or Red wine *61 kcal*

10 oz. Rib Eye (GF) **33**
Served with herb butter. *1108 kcal*
Add a Sauce: **4**
Peppercorn *119 kcal*, Bearnaise *259 kcal*, or Red wine *61 kcal*

Smokehouse Pork Ribs (GF) **34**
Tender slow cooked BBQ ribs with a BBQ glaze. *1645 kcal*

Salads

Burrata (V) **14**
Heritage tomato salad, pickled red onions, black olive crisps, basil oil, balsamic vinegar. *483 kcal*

Caesar Salad **14**
Romaine lettuce tossed in Caesar dressing, topped with croutons and Parmesan shavings. *496 kcal*
Add:
Salmon *369 kcal* **10**
Grilled Chicken *367 kcal* **8**
Tiger Prawns (GF) *380 kcal* **12**

Superfood Salad (VG) **14**
Quinoa, edamame beans, French beans, sun blushed tomatoes, avocado, kale and beetroot, mixed seeds, with roquette and a balsamic dressing. *812 kcal*
Add:
Salmon *369 kcal* **10**
Grilled Chicken *367 kcal* **8**
Tiger Prawns (GF) *380 kcal* **12**

20 oz. Tomahawk Steak **for Two 60**
This juicy, thick-cut bit of beef is full of flavour and ideal for two to share! Cooked to your liking and served with creamy mash, chilli greens, baked tomato topped with a garlic & herb crumble, salsa verde, and red wine gravy. *2115 kcal*

Add Three Grilled Tiger Prawns (GF) *380 kcal* **12**
Add a Sauce: **4**
Peppercorn *119 kcal*, Bearnaise *259 kcal*, Salsa Verde *502 kcal*, or Red wine *61 kcal*

Sandwiches
All served with skin on fries, chipotle mayo and pickles.

Philly Cheesesteak **19.5**
Loaded French stick with sautéed steak, onions, loaded with melted Monterey Jack and cheddar cheese. *1206 kcal*

The Reuben **19.5**
Toasted sourdough loaded with peppered pastrami, sauerkraut, melted Swiss cheese and pickles, smothered in Russian dressing. *1507 kcal*

Millionaire Brownie (V) **10**
Extra thick chocolate brownie served with salted caramel ice cream, toffee sauce, and a chocolate drizzle. *823 kcal*

Ice Cream 3 scoops **5**
All our irresistible ice cream flavours are made here in the UK, by our friends Yarde Farm in Devon. Choose from:

Vanilla Clotted Cream (V) (GF) *383 kcal*
Salted Caramel (V) (GF) *335 kcal*
Chunky Belgian Chocolate (VG) (GF) *398 kcal*
Plant-based option available on request.